

What to Do, So It Doesn't Happen to You

by Kirsten Olsen and Michelle Stoia



Photo by Mary Robertson
Coordinator of the community service division, Officer Marty Clark points out the Foggy Bottom area on the map.

In May, in the Foggy Bottom area, there were four robberies, 27 burglaries (including office break-ins), five stolen automobiles, 38 thefts from autos, and 52 miscellaneous thefts (including shoplifting, stolen bicycles, office, etc.), and five assaults.

And Foggy Bottom is a safer area.

But, as anywhere, crime does exist. That is why the District

of Columbia has a community services division to help residents combat crime through neighborhood watches identification of personal property, using residential shields, and many other ways to keep yourself from being included in those figures.

Foggy Bottom lies in the Second District, which stretches down to 14th Street and up

Rock Creek Park to the Maryland line. Fourteen-year Officer Marty Clark heads the program for the district, and Officer Joe Miller specifically takes care of Sector One (Foggy Bottom).

But Foggy Bottom, Clark says, is unique, since it includes both office and residential buildings. The fact that the
(Continued on page 6)



Foggy Bottom News

June 1987

Published for and by the citizens of Foggy Bottom

Volume 31, No. 9

Three Fires Within 6 Days Listed as Arson, But Cause Little Damage to Historic Townhouses

By Kirsten Olsen

The owner of the historic landmark houses on the corner of 24th and Pennsylvania Avenue, Richard Bennett, said a

building permit for the property has been applied for, and he hopes to break ground by fall.

The seven 19th-century town-

houses were condemned by the Board of Insanitary Buildings May 18, and on May 31, June 1, and June 4, fires occurred in three different townhouses. The townhouses were boarded up at that time, and the fire department officially lists the causes of the May 31 and June 4 fires as arson, and the fire June 1 as suspicious. The fire department is currently investigating who could have set the fires.

The fires caused little damage to the buildings, in part because of the proximity of the fire station at 23rd and M Streets.

The townhouses were part of a zoning struggle two years ago, when Bennett petitioned to have the seven townhouses considered one building, setting a new precedent in historic landmark rulings, amidst opposition from the Foggy Bottom/West End Advisory Neighborhood Commission (ANC-2A).

Eventually, a facade preservation plan, similar to the adjoining One Washington Circle development, was adopted. However, the 24th and Pennsylvania Avenue development has a stipulation that the building built behind must be used as either a chancery or of-
(Continued on page 3)

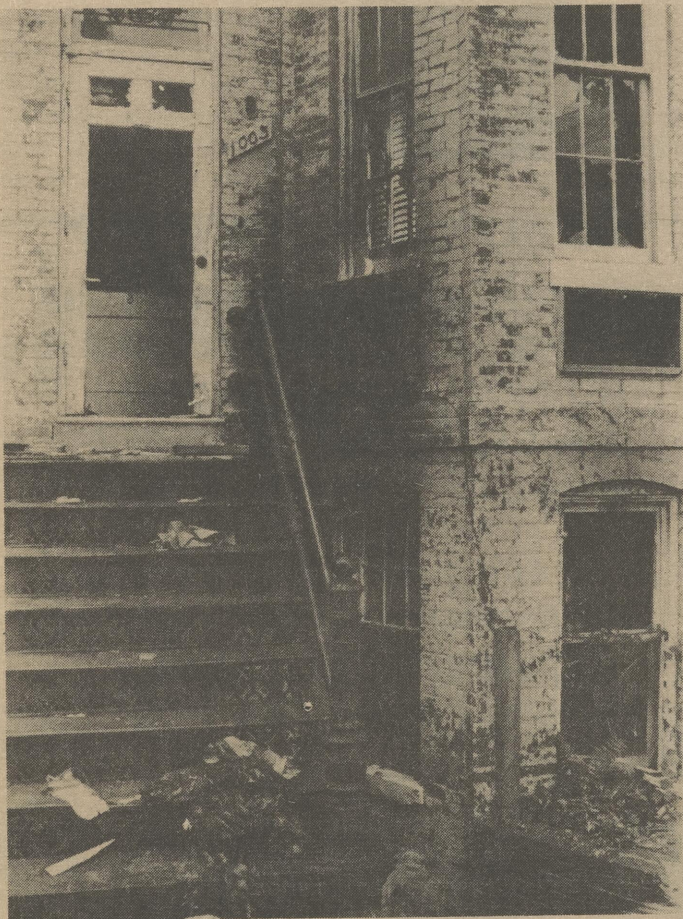


Photo by Mary Robertson
1003 24th Street shows the scars of the fire that was one of three that occurred in the row of seven historic townhouses.

26th & L Project Approved

The Zoning Commission decided June 8 by a 3 to 2 vote to approve the controversial apartment building at 26th and L Streets, N.W. The deciding vote was cast by

George White, Architect of the Capitol, who had not attended either of the hearings. The proposed building was opposed by the FBA, Advisory Neighborhood Commission 2A, and the Bader, Potomac Overlook, and Westbridge condominiums, all of which testified against it.

Meeting Foggy Bottom Association

FBA ELECTIONS

8:00 P.M.
JUNE 29, 1987

St. Paul's Parish House
2430 K Street, N.W.

Continued Support Needed . . .

Foggy Bottom Playground Celebrates Fifth Anniversary

By Deborah Cahill-Zelinka

As difficult as it is to believe, it actually was five years ago that members of Foggy Bottom's first baby boomlet became toddlers and that the grassy knoll on 26th Street became Foggy Bottom's first playground. Many readers will remember the arduous process that transformation required. For the benefit of those families new to the neighborhood, the following is a brief summary of the work which went into that project.

All the families with children in Foggy Bottom formed a group called "Soggy Bottom Babies." We contracted with the D.C. government through the Adopt-A-Park program to care for and maintain the portion of the 26th Street strip which was to become the playground. We spoke before the City Council and requested \$10,000 to purchase equipment. We also provided the Council with a petition signed by over 400 residents in favor

of the playground. The City Council voted unanimously to provide the money requested. However, Mayor Barry, on the advice of his later ousted Director of Housing, vetoed the grant.

Soggy Bottom Babies then turned to fundraising in a grand fashion. We became famous for our Sangria and chili at the annual Foggy Bottom Block parties, and sold Soggy Bottom Baby T-shirts. Thanks to our efforts, many contributions from our good neighbors, the ANC, the Foggy Bottom Association, and the great assistance of Councilmember John Wilson, we were able to build the playground. Even the Adopt-a-Park program came through for us by providing many pieces of the playground equipment.

For the past five years the families which comprised the Soggy Bottom Babies have maintained the playground and its equipment. That maintenance includes bi-weekly mow-

ing of the playground. In addition, during the past winter, the log cabin was destroyed and the seesaw permanently disabled. Funds are needed to perform necessary restoration and refurbishing.

Since there are many new families in the neighborhood who use the playground, we thought it important that you understand the genesis of the playground and the importance of financial support. If you wish to help, send your contributions to "Soggy Bottom Babies," c/o Deborah Cahill-Zelinka, 2407 Eye Street, N.W., Washington, D.C. 20037.

Also, the group hopes to schedule events in the playground to provide opportunities for new — and old — families with children to get to know each other. Please call 338-2796 to have your name added to the mailing list for announcements and playground events.

GWU Changes Telephone Exchange

The George Washington University has installed a new telephone system and has a new telephone exchange. The new telephone exchange for both the University and the Medical Center is 994-, which replaces the old 676- exchange. Most of-

fice extensions (last four digits) will remain the same, but some have been changed. For directory assistance, the new number for the University and Medical Center operator is 994-1000.

Best wishes to . . .

Melvin Ogden, one of the 6 longtime residents recently honored at the First Foggy Bottom Volunteer Award Ceremony on April 30th, is recuperating after surgery at Sibley Hospital.

THE SECOND WORLD WAR AND AFTERMATH THROUGH THE EYES OF A YOUNG CZECH-AMERICAN MUSICIAN:

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A Novel by Milan Jan Halla

Shocked by the Soviet invasion of his native land in 1968, the author relives the German invasion of Czechoslovakia in 1939, the fall of France, escape to America, and return to Prague with the U.S. Army.

Throughout his eye-witness testimony, there are the echoes of American popular music, so dear to him as a performer and loved by young people of the period on both sides of the Atlantic.

Published by: AMERON HOUSE, Matituck, N.Y. 11952. Price: \$19.95. Advance copies may be ordered directly from publisher.



Poster of the author's last jazz concert in Prague, 2 weeks before the Nazi tanks came.

June 1987

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Foggy Bottom News

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Updates:

Helipad Issue Spawns More Controversy

ANC-2A Commissioner Sue Schumacher recently protested a test done by The George Washington University Hospital that involved a helicopter landing at the proposed helipad site, supposedly for noise tests. While the National Airport Tower said they had been notified of the helicopter's flight, Schumacher said there is some question as to whether the helicopter had the clearance from the Secret Service to land, and had met the provisions in the approval letter sent to the University by the Federal Aviation Administration.

Meanwhile, ANC chairman Charles Clapp received a letter

from the D.C. Planning Office's Fred Greene dated June 1. It said in response to a letter about the concerns of the ANC-2A about the helipad proposal, "Let me assure you that the City shares your concern and is skeptical at best about the viability of such a proposal."

The letter said that the University has not approached any city agency about the proposal; neither have they applied for an amendment to the campus plan. It also stated that the Metropolitan Police "do not as a matter of course provide the type of emergency 'ambulance' service the University seeks to implement." (This refers to the

requirement that the University only allow police helicopters to land at the helipad versus a contract operation like Medivac.)

A major point in the letter was the FAA requirement that any trees within the approach and transitional areas be removed. According to the letter, the trees in that area are "major design elements of the L'Enfant Plan for the Federal City" and are listed on the National Register of Historic Places. The letter goes on to say that several city agencies will need to review the proposal before a helipad can be installed.

Fire Department Investigating Cause of Fires in Townhouses

(Continued from page 1)
fice space for non-profit organizations.

The condemnation order requires action to clean out and board up the building in 30 days, or the issue will come before the six-member Board as to whether to have the city clean up the property, billing the owner, or demolishing the buildings. City officials indicated that the chance of the Board voting to raze the buildings is remote, since structurally they are sound and not in danger of collapse. However, the Board's decision is based solely on the condition of the buildings, not on their historical importance. The condemnation clean-up order expires June 22, and is scheduled to

be discussed at the Board's meeting July 8.

City officials also said condemnation means that the city is expressing strong disapproval on the way the owner is maintaining the property, not that the tearing down of the buildings is imminent. The ANC-2A would also be notified, should further action take place, especially since the ANC-2A sent a letter stating its opposition to the razing of the buildings on the site. Also, since this case involves historic buildings the D.C. Historic Preservation Review Board would also be notified of action on the property, as they do with development plans for the property, because of its historic status.

In Other News:

Developer Proposes Changed Plan For 2100 Block of L

ANC-2A members have received a request to change the plans for the proposed Mayfair apartment buildings in the 2100 block of L Street. The proposed 160-unit building, which originally had been slated to be a hotel, is being built by ESP Associated Limited Partnership, headed by Erwin P. Edlavitch, who owns the garage currently on the site.

The four changes proposed in the 33-page report are to increase the parking by adding an additional underground level, change the restaurant proposed for the ground floor into retail space, change the placement of a large electrical box, and change the arrangement of the recreational area on the roof. The original hearings on the site began in October of 1985, and finished in June of 1986. To date building has not begun but the changes indicate that they still plan to develop the site.

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FBA to Hold Elections

On June 29 elections will be held to vote for 11 people to serve as your representatives on the Executive Board of the Foggy Bottom Association. Candidates for election selected by the Nominating Committee are as follows:

For President:

Richard J. Price, 2555 Pennsylvania Avenue (The Westbridge)

For Vice President:

Lois Zuckerman, 615 22nd Street

For Secretary:

Jessie I. Stewart, 1001 26th Street (Potowmac Overlook)

For Treasurer:

Stephen Timlin, 844 New Hampshire Avenue

For Membership Director:

Grace E. Watson, 2521 Queen Anne's Lane

For Executive Board (6 to be elected):

John Abruzzese, 1001 26th Street (Potowmac Overlook)

Robert F. Alcorn, 1010 25th Street (Swarthmore)

Jenny F. Brake, 2515 K Street (The Bader)

Robert F. Charles, 918 25th Street

Elaine DeVito, 2501 M Street

Isabella Geppert, 2555 Pennsylvania Avenue (Westbridge)

David Mauldin, 2515 K Street (The Bader)

Marianne Moore, 2124 Eye Street (The West End)

Dorothy L. Ohliger, 950 25th Street (The Claridge)

Information on the candidates will be available at the FBA meeting June 29.

Owners Ask for Zoning Change For 25th & N

Boston Properties, the owners of the parking lot at southeast corner of 25th and N Streets, have sent a proposal to members of the ANC to change the zoning from a residential/commercial mixed-use building to only office space. The 24,500-square-foot parcel is zoned commercial, but in a

decision issued over four years ago it was approved for only a combination of residential and commercial.

The developer also built the U.S. News and World Report building, and plans to construct an eight-story building with parking at the 25th Street site.

G.W. To 'Go It Alone'

In action approved by the Board of Trustees on May 21, The George Washington University has announced that it will "go it alone" in addressing its capital needs for continuing the modernization of the GW hospital.

The Board authorized the University to develop various methods for meeting, on its own, the approximately \$65 million required for the hospital's future development. Specific plans and details on how to achieve this will evolve over the coming months.

"We have made the decision that we are not interested in pursuing any other arrangements for dealing with our hospital's future requirements," said GW President Lloyd H. Elliott. "In doing this, we are firmly committing ourselves to our mission — which is to continue our efforts to further strengthen our health care facility."

In making this declaration of intent regarding the hospital,

the University is embarking on the third phase of a program to plan for the future and to modernize its Medical Center components, in order to guarantee the highest quality of medical education, research, and health care delivery. The completion of Walter G. Ross Hall in 1974 addressed the teaching and research aspect, while the recently launched addition to the H.B. Burns Memorial Building (slated for completion in 1988) tackles GW's ambulatory health care services. Meeting the hospital's future requirements will complete the third part of this plan.

At one time, GW had considered a possible lease arrangement with American Medical International (AMI) to finance the hospital's future capital requirements. Last October, however, these talks ended when both organizations concluded that their interests would not be served by a joint venture.

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Names: Leon and Eddie Miranian

Address: Watergate Exxon

Business: Service Station

Hobbies: Drag Racing

If you were running a service station, probably the last thing you'd want to do when you have time off is spend time around cars. But not only do these two brothers spend time around cars, they both hold national records in their classes of drag racing.

"I race to relax," says Leon Miranian, the older of the two who drives a super stock Corvette, and has held his class record since 1983 of a quarter mile in 9.93 seconds, reaching 134.73 miles per hour.

Eddie, nine years Leon's junior, recently set the Class A Econo Dragster record of 192 m.p.h. in 7.12 seconds in his handbuilt dragster. Eddie says, "It's all maintenance. After each race you take the engine out and dis-assemble it completely and make sure everything's ok."

Drag racing, both say, is strictly a hobby. Leon says he got into racing in the 1950's when "everybody had a hot rod." And when his father bought a small Volkswagen, and didn't need the 1958 Pontiac, Leon took it over and rac-

ed it. Eddie joined in when he was 16, and he says their parents weren't too crazy about the idea at first, but eventually they gave in. "I remember one day," Eddie says, "my dad must have said 'Well if you can't beat 'em, might as well join 'em.' I came in to the den and up there were all the pictures of the race cars that had never been there before."

Neither brother has ever had a wreck, though unlike the "roundy-round" cars, as Eddie calls them, if something goes wrong there's no pit stop to fix it, and it can cost you the race. "The cars are so violent, things can break just going down the track," Eddie says. "It seems

easy to go in a straight line — but it's tough."

Since they race for a hobby, the brothers don't have sponsors for their cars. The cars themselves Leon says would cost about \$40,000 to duplicate, and that's not counting running them or spare parts like Leon's three extra engines, two transmissions and three sets of tires. Eddie adds there are also a lot of failed modifications that end up in the corner.

During the season, which runs from March until September, Leon will do about six races, Eddie, who's single, 10 or more. That makes the summer months rather hectic, since



Eddie and Leon Miranian

the events can last from two to five days. But after the season's over, Eddie says he likes to fish for bass, and target shoot, while Leon says he has been getting into antiquing with his wife Ingrid, and working on his house in Davidsonville, Maryland.

The brothers are two out of three (the other is an astronomer) from northwest Washington near American University. Their father is Armenian, and at 15 left Turkey to escape persecution. He first was in Canada, and then later came to the U.S. Their mother is Canadian.

Both of the brothers have tried other careers. Leon worked for the government for 18 months, and decided it wasn't for him. So he ran a parts shop for a while until it was burned down in the riots of April 1968. He moved it out to Landover, Maryland then, but he says the business wasn't as good there, so he got out of it. Later, while in Sunoco's training school, a friend approached him and suggested they buy the Watergate Exxon station. So in 1970 he became co-owner of the station.

Eddie, after graduating from Woodrow Wilson High School like Leon, attended Montgomery Community College for a short time, but says it wasn't for him — he'd rather work with his hands. So he spent a year and a half as a Volkswagen mechanic and then worked at his brother's station because he needed a mechanic. When Leon's partner decided to move to North Carolina, Eddie bought out his share,

and became a co-owner. Later, the man who trained Eddie to be a Volkswagen mechanic joined the brothers at the station.

As co-owners of the station at the corner of Rock Creek Parkway and Virginia Avenue, they lease the station, buy gas from Exxon, but have total autonomy in all matters — they don't even have to buy gas from Exxon if they don't want to. But Leon says Exxon is a good company to deal with. And though theirs is one of the few service stations downtown, competition in the business is stiff. "Most dealers now are professional businessmen, Leon says. "Consumers are more educated, and you have to treat them right."

He says most of their customers are regulars, and either live or work downtown, though some keep coming to the station, even if they have left the area. Being downtown means that they get the weekends off, because it is slow then, Leon says. He likes being his own boss; however, he says, you take some of the responsibility home with you.

The station itself was built in the early 1930's by a father and son to be a service station, and the stone exterior cannot be altered any more than it is at present. It is larger than it looks, Leon says, and there is a lot of room to park cars.

The brothers split the chores, with Leon handling the paperwork side, and Eddie the mechanical side. Ingrid comes in a few days a week to help with the paperwork as well.

With the racing season here Eddie describes his schedule like he might his dragster. "From the time I wake up to the time I go to bed I'm running wide open."

Board of Elections Recruits Pollworkers for Elections

The Board of Elections is currently recruiting individuals who are interested in serving as pollworkers in one of the voting precincts in the District. Persons desiring to become pollworkers must meet the following qualifications: (1) be at least 18 years of age; (2) be a District of Columbia resident; (3) be a registered voter in the District of Columbia; and (4) not be employed as a full-time employee with the District or Federal Governments.

The minimum salary for pollworkers is \$75.00, which includes attendance at training. The polls are open from 7:00 a.m. to 8:00 p.m. The election schedule for 1987-88 is as follows:

November 3, 1987: Members of the Board of Education - Wards 1, 4, 5, 6 and 7, and One At-large Member

May 3, 1988: Presidential Preference Primary, Delegate to the House, Party Offices. **NOTE:** It is possible that this election may be moved to March 8, 1988

September 13, 1988: City Council Primary - Wards 2, 4, 7 and 8, and Two At-large Members

November 8, 1988: General Election - President/Vice President, Delegate to the House, City Council Offices, Advisory Neighborhood Commissioners

Individuals interested in applying for the position of pollworker with the Board of Elections may call Mrs. Mason at 727-2525, or in her absence Mrs. Doy, to schedule an interview.

It should be noted that the Board of Elections is seeking to hire approximately 150 individuals who will be trained to

work in the November 3, 1987 election. Once this quota is met, additional applications will be kept on file for the 1988 elections.

CLASSIFIED

Experienced baby sitter, July. Sue Palmer, 338-1530 or 920-5528.

SUMMER REMINDER: Be kind to your neighbors this summer by heaping your trash a private affair until the proper time — the evening before the regular pickup (Tuesday & Friday), and — remember — no trash pickup on holidays — they come either the day before on the day after. For example, they will come Thursday, July 2 and Wednesday, September 9.

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SOMEONE STILL CARES ABOUT QUALITY

Sidewalk Talk

By Betty Olsen

Did you see United Airlines' ad "King of the Hill"? It said in the heading "That's us — number one in Washington from Capitol Hill to **Foggy Bottom.**" Remember when people use to ask, "Where is Foggy Bottom?"

Sporting a new summer shortened hairstyle, **Jane Catlett** left town for a vacation with her parents in Richmond, VA, then to Lexington, and onto New York City to be with a friend who just had her first baby. Jane will be back into her studies of psychology at GWU this month and maybe ready for another haircut.

Haiti was the holiday spot for **Guildy Julian** who visited family and friends there in May.

Have you noticed how in-shape **Wasim Mufti** is these days? He's taking aerobic classes at the Smith Center this summer. "I looked in the mirror one day and decided to sign up," he explained.

Thanks to **Jeremy Fitzgerald** for sprucing up his property at the corner of 25th and Eye Streets. His company planted new shrubbery, cleaned away all the debris around the apartment building, then painted it with a fresh coat of dark and gray with white trim.

Splash Flash — **Mitra Ird-musa**, one-year-old daughter of Jay and Barbara, got her first swimsuit recently. Jay is finishing up his doctorate in Aerospace at The George Washington University soon, and Barbara is still at work at The World Bank.

Taking biology at MIT this summer is **Mike Nero**, a recent graduate of GWU. He will be back in the city this fall to work in dentistry at the same time he applies to dental schools.

Chuck Rydberg who attended UCLA's Medical School is now doing his internship at GW Hospital in general surgery. He's most interested in

trauma treatment. Originally from Maryland Chuck plans to practice in the area in about four years and attended, along with 6,000 others in the medical field, the third International Conference on AIDS held at the Washington Hilton the first week in June.

Sandy Fitch and **Barney**, her parrot, stroll the sidewalks together when it's not breezy. "Drafts are the worst condition a bird can be in," says Sandy. Look for them and call him by name. Then don't be surprised when he answers: he is quite a talker as he perches on her shoulder. Oh, by the way, he is a namesake of "Barney Miller" of TV fame. That used to be their favorite show. Fitch is the resident manager of the Excelsior.

Sabrina Little is studying hard for her certification as a financial analyst. The first exam, lasting 6 hours, she has most probably passed with flying colors at this writing. Then there are two more exams she will also take in the next two years before earning her accreditation. Sabrina and her husband, Mark, live at The Griffin.

With summer sessions at GW there are new faces of Foggy Bottom everywhere. One new face is **Zack Abouzhah** from Lebanon. He says he will probably be here for the full four years of undergraduate work. Remember the collegiate get-up of last winter with shirt tails hanging out of sweaters and jackets; well, Zack was wearing a pair of half-dollar-size polka dots in white on light blue background boxer shorts hanging out of se-date navy blue running shorts. What will the collegians think of next?

Eye Street has a group of new residents as well, but also has lost a good neighbor to an area somewhat to the north. **Marianna Kiefer** and her fami-

Eleven Australians Visit Foggy Bottom's Rodecks



In early May the Rodecks of 25th Street were visited by son and brother Ernest Rodeck who brought his whole clan along for a family reunion. They all live in Australia.

Ernest and his wife Sheila live in Melbourne. Their daughter Melita (niece of our

Melita) and her husband John Van de Vreede also live there with their sons Paul and Tristan. Their son Peter, his wife Glennis and daughters Brooke and Ferve live in Warwick, Queensland.

Greatgrandmother Martha delighted in seeing the two boys

play games and climb the trees in her front yard, while the two girls helped her with house-keeping chores and studied American plants and animals. The Washington weather cooperated, allowing the party to enjoy all the beautiful sights of the Nation's capital.

Feasibility of Trolley Cars Being Studied

By Ronald M. Eng

(Mr. Eng is a civic activist living in Glover Park who specializes on articles on utility costs to consumers and D.C. government issues.)

Trolley cars are a "must see" item for tourists in many cities. The firm headed by Ronald Linton, a persistent optimist for a trolley system in the District, is currently conducting an economic feasibility "ridership" survey this summer. Inclusion of the "tourist factor" will be a definite part of Linton's study which is being supported by funds from the Urban Mass Transit Administration.

The communities of Foggy Bottom, Dupont Circle, Adams Morgan, Mount Plea-

sant, Georgetown, Burleith and Glover Park will be the ones of primary focus for his data collection efforts since he foresees trolley lines running through them.

Of the two lines he envisions, one would come down Wisconsin Avenue from Calvert Street (by Pearson's Liquor Store and St. Luke's Methodist Church), turn onto M Street at the Riggs Bank corner and then into Pennsylvania Avenue, near the Four Seasons Hotel, cut

(Continued on page 7)

WORD OF MOUTH

by Jeffrey S. Balter, DDS, PC

Gnaw, Gnaw, Nanette — Part II

If you place your fingers on the side of your face just in front of your ears and move your lower jaw up and down, you can feel the movement of the Temporomandibular Joint. Whereas most of the joints in your body move in only two directions (for example the finger joints which can only move up and down), the TMJ can move up and down, side to side, and back and forth. There are a great many muscles and ligaments which attach to the bones in the joint and allow it to achieve this range of motion.

TMJ problems may arise from a malfunction of the muscles, ligaments, or bone itself. Like a precision machine, if one part begins to go, the entire machine can malfunction. The causes of the problem can be as varied as a blow to the face or jaw, arthritis, or, as we discussed last month, a poor bite with missing or misaligned teeth.

The symptoms of a TMJ problem

can be a popping or clicking noise near the ear, soreness or pain in the joint area, dizziness, ringing in the ears, headaches, neckaches, backaches, or inability to open the jaw widely — to name just a few.

The treatment of a TMJ problem will depend upon its specific causes, but it generally consists of using heat or muscle relaxants to relax and loosen the muscles, and the wearing of a nightguard-type of device which frees the jaw from the pressures of an abnormal bite. This allows the joint to begin healing. Finally, the bite can be adjusted in order to reduce future excessive stresses on the joint.

The earlier that TMJ problems are diagnosed and treated, the easier and more quickly comfort can be restored. So, if you feel that you have any of the symptoms listed here, it is important that you see your dentist without delay.

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if you would like free additional information on this topic.

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FB Resident's Small Business Prospers

There is a nice woman living in Columbia Plaza, whose name is Marilyn Rubin. She is a teacher in the Fairfax County schools, and some years ago started a business as an experiment with one building (4000 Massachusetts Avenue), soon found response from residents in 15 buildings, and then to over 115 buildings. That business continues, and is known as **ENCORE!**

ENCORE!, created in 1971, evolved from an idea that many Washingtonians would like to attend theatre in the area, without the bother and worry of making ticket and transportation arrangements — or going alone. In the past 15 years it has continued to serve the residents of northwest Washington, as well as Maryland and Virginia, by offering ticket service (often discounted) and door-to-door transportation from various apartment buildings or locations convenient to home owners. It eliminates the ticket lines, telephone calls, traffic jams and parking problems by making all the arrangements. A package rate is offered and usually reflects senior citizen or group discounts, when made available by the theatre.

In addition to evening theatre, **ENCORE!** also offers trips to dinner theatres, the races, and a variety of interesting day trips out of town — usually on weekends for those who can't partake of week-day outings.

Try it; you'll like it!

ENCORE presents — One-Day Trip Bucks County, Pennsylvania

A lovely 3-hour drive to scenic Bucks County. Our first stop is *Peddler's Village* in Lahaska. Red herringboned brick paths lead to 42 lovely craft shops nestled in a picturesque setting. Sidewalk benches, hanging flower baskets and 18th century buildings (which have been moved and reconstructed in the Village) all add to the colorful charm of this unique site.

Next, on to **New Hope**, where you can still watch the last of the mule-drawn barges on the Delaware Canal. New Hope, an artists' colony, is described as "quaint, picturesque, historic, and fascinating." The town reflects the varied talents of its painters, sculptors, musicians, and writers, with their galleries, antique and specialty shops. Take a ride on the vintage train through 14 miles of rolling countryside — or simply meander through shady tree-lined streets. (Lunch is not included, to allow for individual tastes.)

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Space is limited on our private motorcoach. Departs from Foggy Bottom.

For further information, summer brochure, and reservations call

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What to Do, So It Doesn't Happen to You



Photo by Mary Robertson

(L. to r.) Officers Joe Miller and Marty Clark

(Continued from page 1) area is located in the heart of the city, has a university, and has so many apartments and offices makes the population transient in part, and so their programs require frequent reiteration.

Take a look at those figures again.

Now take a look at the rest of this article.

First a bit about the people who run these programs. Marty Clark is the coordinator for the programs, and was the first woman in the District assigned to a patrol car, which she says involved a high amount of responsibility. She was on foot patrol in the Foggy Bottom area for five years, and also did a stint on the vice squad. She's originally from the Washington metropolitan area, and lives with her husband and three children in Fairfax. Because she has spent so much time in Foggy Bottom, she said, "It feels like a second home to me."

Officer Joe Miller has worked for GW security and as of August 3 has been with the force 18 years. He wants to sell all residents on the program because "if it weren't for citizen participation, crime in

the District would be a lot worse."

With that let's start with their Neighborhood Anti-burglary Program (NAB). It consists of three parts: **Neighborhood Watch**, **Operation Identification** and the **Residential Shield**.

The **Neighborhood Watch** program tries to "get people to communicate with each other," for safety, says Miller, since the police can't be everywhere at once. The police department helps organize it so the participants and the block captains know what is happening in the community (who is away, schedules, etc.) and how to effectively transmit information on a suspicious person or activity to the police. For instance, in the pamphlet on the program, there is a checklist of what to note about a suspicious person; not just race, sex, age, height and weight, but facial hair, color of clothing, etc. For vehicles, not just tag number, but dents and missing hubcaps. If there is a watch already on your block, Miller can let you know what to do, and whom to contact. If there is not one yet, he can help you put a group together. The program is also effective, Miller says, because it has high visibility due to the signs which are hung up around the neighborhood.

Operation Identification tells you how to engrave your valuables, or photograph them, so if they are stolen, you can find them, and once found, prove they're yours. It involves making an inventory of all your valuables, and how best to identify them if they are missing.

The **Residential Shield** is simply getting a plate for the rear of your house to let possible burglars know that you have taken preventive measures, and most importantly so police or fire officers can see the address from the rear of the house.

Other programs the District offers are **Citizen's Automobile**

Identification Program, which involves putting the vehicle identification number several places on the car so it will deter the criminals involved in salvage-switch operations; several drug programs like **Drug-Busters**, **PTAs Against Drugs** (educate parents and teachers), **Drug Awareness Program** (for families), and **Drug Dealer Reward Program** (up to \$25,000 for information leading to arrest and indictment of a drug dealer). They also have the **Gotcha** (catching repeat offenders (\$1,000 reward)); **Cabbies on Patrol** to spot crimes in progress; **Private Security Coordination** between hired security and the Metropolitan Police, and a slew of programs to address the youth like **Crime Stoppers**, **Teenagers and Police** and the **Truancy Prevention Program**.

But the main problem in Foggy Bottom is theft, especially from automobiles. Of course, as the pamphlet on home security states, "Nearly half of . . . burglaries are committed without force — that is, through unlocked doors and windows." A theft can ruin an otherwise nice day. They have some well-written detailed flyers on home security hardware and even topics like talking to children about child sexual abuse. For instance, in home

security the flyer discusses what type of sliding glass doors are least likely to be lifted off their track. Of course, the best solution is to contact Joe Miller, and have someone come and look at your particular situation and make recommendations on how best to crime-proof your home.

Look at those figures again.

An interesting feature at the Idaho Avenue Headquarters is the Crime Analysis Room. This room, with maps of the different areas and pins denoting what kind of crime was committed where, can identify not only trends, or specific cases of repeated crime, but also let residents know what to be particularly wary of in their particular areas. Seems simple, but did you know what a problem theft from autos was (38 last month alone)?

Miller says when people talk to them "they are very surprised to find out what's happening in their neighborhood." However, he says they try not to scare people so much that residents are afraid to leave their homes. They just "want to heighten their awareness."

For more information on the kinds of programs they offer call 282-0050 between 10 a.m. and 6 p.m.

Look again at the statistics.

We regret to announce . . .

The resident manager of the Potomac Plaza, **Tom Folk**, died recently after two massive strokes followed by a heart attack. Folk will be remembered by many as the good neighbor who chipped ice away from the islands in

front of his building, as well as the other wonos along Virginia Avenue in front of the Watergate, so pedestrians could walk to the market in wintertime without fear of falling.

Watergate

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30 min.	\$20
1 hr.	\$33

**Products Used: Biosthetic & Sebastian*

Foggy Bottom's Exercise Enclaves

By Alice Lewin

Looking for a place to stay in shape over the summer? Foggy Bottom hosts a wide variety of health clubs and exercise studios, serving the needs of thousands of exercisers — from the youngest most money-conscious to the corporate crowd. Whatever your exercise needs may be, one of Foggy Bottom's health clubs is sure to fill them.

Let's first consider **Spa Lady** at 1750 K Street. As the name suggests, this club is exclusively for women, which may or may not be a positive feature, depending on the exerciser. Spa Lady may be an ideal choice for the lady who feels intimidated exercising with men, but would be a mistake for the female who enjoys competing

and socializing with her male counterparts. Spa Lady's hours are weekdays 7 a.m. to 9 p.m., and Saturdays 10 a.m. to 5 p.m., but the club is not open on Sundays.

A word of caution: because many of Spa Lady's members are from the working world, the club is at its most crowded from 5 to 7 p.m., so avoid those hours if possible.

The instructors favor upbeat dance music to lead the low- and high-impact aerobics classes held on weekdays and the five aerobics classes on Saturdays, excluding the mellow tunes which always accompany the serene mood of the yoga classes.

Another great summer special is being offered at the **Nautilus Fitness Center** at 1901

Pennsylvania Avenue N.W., a health club for both men and women, featuring Nautilus equipment, Lifecycles, Lifecycle Rowers, Olympic Baths, a whirlpool, sauna, and a tanning bed. According to Maurice Allen, Director of Operations, those who join now get the summer free. Allen's fitness center also offers a discount to the tight-budgeted college student.

This club is more for the serious workout. While it has its fashionable types, in general the people come to work out without a lot of distractions. It's convenient, but small, and is nice in off-peak hours. For a little extra a month members can also get access to racquetball courts at Courts Royal in Virginia.

The Nautilus Fitness Centers offer 28 classes a week in low- to high-impact aerobics, as well as jazz classes. Other classes include stress management and smoking cessation.

If you're looking for a club where you won't have to sign a membership contract, **Bodies by Gilda** at 4801 Wisconsin Avenue, N.W. may be the place for you. Gilda's customers buy blocks of tickets good for 5, 10, or 20 classes. Bodies by Gilda is open seven days a week, offering to its clients classes in total body workout aerobics, non-impact aerobics, and stretch-and-firm classes. The special rebound padding under the carpets and the numerous mirrors lining the walls force Gilda's customers to be conscious that they are doing their exercises correctly. Class size is limited to ensure that everyone gets the most from the workout.

"We are known for our safety and professionalism," says manager Dawn Leo, boasting of her studio for being nominated two years in a row by *Shape Magazine* as one of the top ten studios in the country. "Every instructor goes through three months of training. They receive CPR training, and we require that all of our instructors know every muscle and bone in the body."

The **Office Health Center** at 1990 M Street, N.W. is suited for the corporate business exerciser. A fitness facility which carries Universal and Nautilus equipment, a whirlpool, steam-room, and sauna, the Office Health Center provides its male and female members with a variety of services. Included in this club's features are coronary-risk analysis and cholesterol testing.

"We go out into the work force," says manager Mark Jacobs. To attract the corporate population of Foggy Bottom, Jacobs' health center offers discounts to groups of workers, promoting an exercise environment of the corporate elite.

Looking for the largest jacuzzi in D.C.? You can find it at the **Watergate Health Club** at 2650 Virginia Avenue, N.W. In addition to Watergate's spacious jacuzzi are a steam and sauna room, an outdoor solarium, a sunbooth, and what every Foggy Bottom resident looks for in the steamy summer months — a swimming pool. The Watergate Health Club also carries in its weight room Universal equipment, free weights, electric treadmills, and rowing machines. Classes in aerobics, low-impact aerobics, and stretch and tone run every day.

"We deal with every aspect of convenience. We do everything 110%," says Schmidt with pride. One would hope that, for the 4-month summer membership rate of \$695.00, that the health club would be 110% effective and enjoyable.

The **Westin Fitness Health Center** is a very exclusive and elitist club, for the serious, and well-off exerciser. With features such as televisions in front of the treadmills and a large heated pool, including music in the bathrooms, the Westin emphasizes personal attention. They have a personal trainer by the name of Rich Salke, who placed third in the Mr. USA pageant last year, and he sets up a personal workout routine. There are over 1000 members with 10 fitness instructors, and class sizes are limited to 14 in aerobics, etc. But all this luxury doesn't come cheap. Four months cost \$695, their summer special rate. The Westin is populated mostly by people in their 30's and the atmosphere is disciplined, not social. It's open to hotel guests and the public and also periodically does personal health check-ups as part of their member services.

Whatever your summer exercising choice may be, remember to check with your doctor first to make sure that you're doing the proper exercises for you. Don't overdo it, and remember to drink plenty of fluids while exercising!

EDITOR'S NOTE: And don't overlook our good advertiser, *Jazzercise*. While not a fitness club or studio, it does offer aerobic/low-impact aerobic exercises, and will soon incorporate additional stretch segments. Classes are held at United Church at 20th & G Streets.

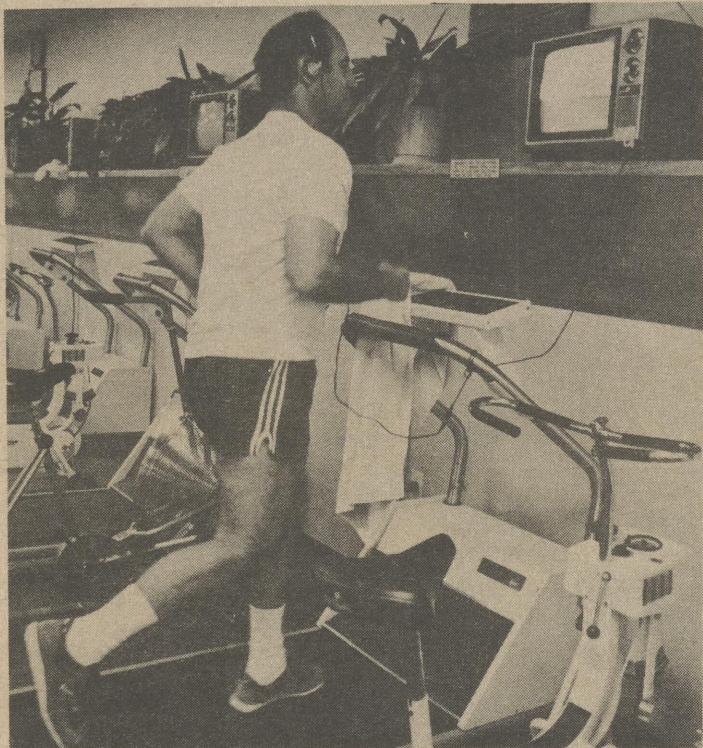


Photo by Mary Robertson

Don't miss the soaps! At the new, expensive and exclusive Westin Fitness Center in the Westin Hotel, patrons can watch television and get in shape at the same time.

Feasibility of Trolley Cars Being Studied

(Continued from page 5) through Foggy Bottom to the White House vicinity and return. The other line would start at Georgetown University and cut across P Street to Dupont Circle up to 18th and Columbia Road and return.

While the specific routes may yet change, critics claim that the trolley cars will run afoul of the present state of transportation systems. Some feel that only where there is room for a "dedicated right-of-way" can the trolley really survive — now as it does in New Orleans.

Other optimists point to routes along the Potomac River that may be used as an alternate transportation service that would connect District residents to the delights at Glen Echo Park.

At the May meeting of the Ci-

tizens Association of Georgetown, Linton stated that he and his associates would be presenting the results of his survey this fall to interested civic, and citizen associations, as well Advisory Neighborhood Commissions.

Those interested in further information now may contact either Ronald Linton or Study Project Director Ray Dunn at 682-3901.

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PRESIDENT'S MESSAGE

By Robert C. Brewster

As my term comes to a close, I want to thank those who have helped the FBA through yet another year. Although there are many people who could and perhaps should be named, my thanks go especially to:

- **Holsey G. Handyside**, Vice President, whose handling of numerous issues and assistance on others contributed significantly to our efforts this year;

- **Jessie I. Stewart**, Secretary, who together with her other duties found time to create an orderly file of the FBA's records of the last three years;

- **Richard J. Price**, Treasurer, who in addition to managing our financial affairs, successfully shepherded the renewal of our federal and D.C. tax exempt status through an incredible series of bureaucratic minefields;

- **Grace E. Watson**, Membership Director, who having created our first computerized listing of FBA members, used it in the membership campaign and to facilitate our work generally;

- my other colleagues on the Executive Board for their assistance and their patience;

- **Ellie Becker**, who with the able assistance of **Kirsten L. Olsen**, continued to expand and enliven the *FB News*;

- **Judy Thomas**, who oversees the sorting and handles the bulk deliveries of the *FB News*, and her helpers **Jennie Lazowski** and **Ann Mukilik**;

- **Donna Costlow**, *FB News* ad manager, who attends to our all-important advertisers;

- **Cecil Aptaker**, **Janet Axtell**, **Mary Brewster**, **Randy Brooks**, **Betty Brown**, **Claire Ciftci**, **Marie Dolan**, **Ed Donaldson**, **Helen Marie Fruth**, **Isabella Geppert**, **Morella Hansen**, **Nina Johnson**, **Gladys Kupper**, **Anne Lomas**, **Jon Nowick**, **Kay O'Brien**, **Melvin Ogden**, **Betty Olsen**, **Virginia Randolph**, **Donna St. John**, **Jennifer Seal**, **Judy Smalley**, **Catherine Stokes**, and **Nori Ushida**, who regularly deliver the *News* on their appointed rounds;

- **Father Daughtry**, **W.C. Cooper**, and **Michael Kekker** of St. Paul's Church, through whose cooperation Pillsbury Hall is available for our meetings;

- **Charles L. Clapp**, Chairman of ANC-2A, and his fellow commissioners **Richard J. Palco**, **Ralph Rosenbaum**, **Sue Schumacher**, **Richard Striner**, and **Maria Tyler** for their close and effective cooperation on common concerns;

- **John A. Wilson**, our Councilmember, who has been unstinting in his support of Foggy Bottom/West End efforts to preserve and enhance the neighborhood;

- the 122 FBA members who generously contributed a total of \$1252 to the FBA (see separate article);

- **Captain Steve Carson** and **Officers Joe Miller** and **Marty Clark**, Second District, for their continuing helpfulness; and

- the individuals and businesses who advertised in the *FB News* and merit our continued patronage.

Thanks to one and all.

Thanks to Contributors

During the July 1, 1986 to June 30, 1987 year, 122 individuals contributed \$1252 to the FBA. This was more than twice last year's total of \$591. The contributions were in addition to the \$7.00 dues. They ranged from \$1 to \$100.

Contributors were: John Abruzzese, Lydia Adams, Marion E. Anderson, Richard W. Austin, Jeffrey S. Balter, Arthur Bauer, W. Tapley Bennett, Jr., Madeline S. Blair, Warren E. Blair, Doris R. Bomstein, Elizabeth Borreson, Sue Bosma, Mary B. Brewster, Robert C. Brewster, Randall Brooks, Catriona M. Brown, Sylvia K. Brown, Dr. Juan Buono, Laverne K. Burke, Gail Burnett, Ralph Burr, J. Bradley Butler, Ariel S. Cardoso, Claire Ciftci, Katherine Clark, W. Ralph Clark, Margaret Cooper, Ida B. Crane, Orville W. Donnelly, Carl S. Dorn, Sally H. Dorn, Ursula R. Dorn, Martha Driver, Alice Erwin, Edna A. Falbo, Sylvia Fesler, Dorothy Fields, Harold Fields, Dorothy T. Fischer, Dennis Flannery, HelenMarie Fruth, Mary M. Garner, Georgia Gelabert, William F. Gelabert, Marcia Glauberman, Diane L. Goldman, Dorothy G. Goodney, Milan Halla, Karen S. Hamrick, Holsey G. Handyside, Morella R. Hansen, Dr. Forest K. Haris, Robert G. Hart, Leslie K. Hershkowitz, Melvin Hershkowitz, Vorda

M. Honnold, Doris Hood, Cecil Hornbaker, Ann Hyde, Rashid Ijaz, Ida Janet, Maurita Jenks, Clarinda Jennison, John Jennison, Anna Beth Jones, Marcia Kern, Robert Kern, Dorothy Kidder, Randolph A. Kidder, Sharon Krager, Mildred B. Kriegel, Anne G. Lanpher, Jennie H. Lazowski, Stephen M. Lott, Harriette T. Love, J. Walter Lund, W. James Martin, Irene Matthews, Faith McGreevy, Gilbert McGreevy, Paul W. McKee, Anna T. McNerny, Charlotte F. McNerny, Mabel V. Mercer, Anne V. Miskiewicz, Marianna E. Moore, Richard A. Mullens, Virginia Northen-Cole, Jonathan H. Nowick, Lucille Ochis, W.L. Owens, C. Pamela Palco, Richard J. Palco, Eleanor Pelton, R. Sheila Penners, L. Harvey Poe, Paul Propst, Lillian Purdy, Alex Radin, Dorcas Ramey, Louisa S. Randolph, Mary K. Reese, Julius Ross, Lethean Rowe, Elizabeth Saunders, Sue Schumacher, Jane Denis Smith, Marie S. Spicci, Morris V. Spicci, Marian M. Spong, Marie C. Stark, Eleanor Sutherland, Elizabeth Terry, Penelope H. Thunberg, Alice F. Tilson, Robert Toth, A.G. Tyler, Maria O. Tyler, Carl L. Vacketta, Lohva Wakefield, Edwin Wheeler, and Henrietta Y. Zoltrow.

Our thanks to all!

Highlights of ANC-2A Monthly Meeting May 12, 1987

Presentation on Civil Infractions Law: Several staff people from the D.C. government's newly-created "Civil Infractions Program" were on hand to explain the program and the role of the Office of Civil Infractions, which will administer it. The Office of Civil Infractions is part of the D.C. Department of Consumer and Regulatory Affairs (DCRA).

Basically, the new program authorizes the imposition of civil fines for infractions of certain DCRA regulations as an alternative to criminal prosecution. Program procedures and a schedule of fines are now being developed. Examples of infractions which would be covered by this law are: failure to post a certificate of occupancy, failure to renew a home improvement license or pharmacy license, and food contamination. The program will, it is hoped, strengthen the enforcement process by replacing criminal prosecution (which was used with great reluctance) with a more acceptable system of fines.

For additional information on the Civil Infractions Program, contact the Office of Civil Infractions, 613 G Street,

N.W., 7th floor, Washington, D.C. 20001, 202-347-8530.

Commissioner Schumacher commented that a drugstore is still operating illegally at 2112 F Street, in spite of her repeated protests. Civil Infractions Office staff noted, in reply, that the matter had been referred to the Corporation Counsel's Office and that a "letter of denial" had been forwarded to the BZA. The BZA must now schedule a hearing on the use of the site for a drugstore in an area zoned residential. A criminal injunction could be sought against the management of the drugstore, but there would have to be evidence of "irreparable harm" for the injunction to be upheld.

Commissioner Striner noted that the problem of "demolition by neglect" in the Foggy Bottom Historic District is not adequately dealt with under current DCRA regulations and asked if the new Office would be able to remedy that problem. Civil infractions staff noted that there is little they can do as long as the building is boarded up. They will, however, be examining DCRA Legislation and noting areas that need strengthening.

Committee Chairs for the Coming Year: Zoning, Ralph Rosenbaum; Environment and Public Safety, Sue Schumacher; Historic Preservation, Richard Striner; Accessibility, Louis Rigdon; Transportation, Maria Tyler and Charles Clapp.

Police Parking Lot - 23rd and L Streets N.W.: Commissioner Schumacher made a motion to allow the Special Operations Division at the 23rd and L Streets facility to convert a small grassy area at the side of the building to a parking lot because of the shortage of parking spaces at the station. The motion passed unanimously, 6-0.

Cooper Houses - 2500 block of K Street: Commissioner Striner noted that a proposal for the redevelopment of the Cooper Houses (designed D.C. landmarks) came before the ANC at its November, 1986 meeting. The ANC rejected that proposal, which called for saving only the facades of the buildings. Another redevelopment proposal will be heard by the D.C. Historic Preservation Review Board at its May meeting; it has not, however, been presented to the ANC for

review and comment. It was agreed that the ANC would insist on its right to review the project at this early stage. Commissioner Rosenbaum moved that the ANC oppose consideration of the Cooper House redevelopment project by the Historic Preservation Review Board until the ANC has had an opportunity to review it.

Helipad Update: Commissioner Schumacher reported that she has copies of letters to George Washington University from the Secret Service and the FAA regarding GW's proposal to add a helipad. The FAA and Secret Service letters list certain criteria which could be difficult to meet, including moving power lines, eliminating trees along New Hampshire Avenue, and using only police helicopters. Commissioners Striner noted that Councilmember Wilson is introducing legislation which would ban helicopter landings in residential areas.

20th and Eye Streets, N.W. (Commercial PUD): A representative of the developer (the Farr Company) described the

proposed project (in the 2000 block of Eye Street, across from Red Lion Row) as involving the transfer of unused development rights belonging to the Arts Club to three buildings which the Farr Company owns at the corner of 20th and Eye Streets, where they would be used to provide a larger building (greater FAR) than would normally be possible; no change of zoning would be involved. The Club's development rights would be leased to the Farr Company and the funds from the lease would be used to set up an endowment for the maintenance and preservation of the historic building occupied by the Club. The Arts Club is open to the public during scheduled hours. The "amenity" provided under this PUD application would be the enhancement of the Arts Club as a cultural resource for the whole community. The project is in the preliminary design stage. Commissioner Striner suggested that the Arts Club consider donating a perpetual easement on the Arts Club building, to ensure its future protection.